SINFIT FITNESS COMMUNITY CLASSES RESTART 17TH MAY 2021

Dear All,

We hope this email finds you all safe and well.

First and foremost, I would like to thank you all for your continued support over the past 15 months. It has certainly been an exceedingly difficult time for everyone, but our SinFit Fitness Family has helped get us through.

We have been working extremely hard over the past few weeks to get everything in place for when restrictions are lifted on May 17th.
We are pleased to announce our new SinFit Fitness Timetable- see below.
You will see that there is a change to our Thursday evening venue, our Tuesday and Thursday classes will take place at Bishop Thomas Grant School, Streatham.
This is an exciting change for us, and we are looking forward to forging a long working relationship with BTG.

Monday	7pm - 8pm	X Fight (Equipment Free)	CROYDON - Selsdon Hall
Tuesday	6:30pm - 7pm	PowerWave	STREATHAM - Bishop Thomas Grant
	6:30pm - 8 :15pm	PowerWave & X Fight (Equipment Free) - Back 2 Back Ticket	STREATHAM - Bishop Thomas Grant
	7:15pm - 8:15pm	X Fight (Equipment Free)	STREATHAM - Bishop Thomas Grant
Wed	6:30pm - 7pm	PowerWave	CROYDON - Harris Purley
	6:30pm - 8pm	PowerWave & X Fight (Equipment Free) - Back 2 Back Ticket	CROYDON - Harris Purley
	7pm - 8pm	X Fight (Equipment Free)	CROYDON - Harris Purley
Thu	6:30pm - 7:20pm	Legs, Bums & Tums	STREATHAM - Bishop Thomas Grant
	6:30pm - 8:30pm	Legs, Bums & Tums & X Fight (Equipment Free) - Back 2 Back Ticket	STREATHAM - Bishop Thomas Grant
	7:30pm - 8:30pm	X Fight (Equipment Free)	STREATHAM - Bishop Thomas Grant
Sat	9:45pm - 10:45pm	X Fight (Equipment Free)	NORBURY - New Horizon Centre

Classes will resume on Monday May 17th, still under Covid 19 Guidelines and restricted numbers for the time being

Understandably, the last year has had substantial effects on businesses and charities due to lack of income, and as such our venues have had to increase their hall hire rates. Considering this, we are having to increase our pricing structure. We have kept our prices as low as we possibly can, as we also understand that this past year has taken its toll on everyone.

Single Class - £8
Single Class - PowerWave £5.50
Back to Back Class - £11.50

5 Class Classpass - £35
10 Class Classpass - £70 (Includes 10% discount for the SinWear Shop)
Unlimited Monthly Member - £50 if subscribed before July 1st, 2021, £60 thereafter.
What is included in a monthly membership? Unlimited community classes plus access to our online classes via, Integrate Fitness Online Workouts (IFOW) Facebook membership. Join our IFOW Information group to see what our weekly online timetable looks like.
IFOW Pay As You Go Information Group | Facebook

The new timetable and pricing structure will go live from Wednesday 12th May and applied to classes from 17/05/21. SinFit Fitness in The Park classes for this week will remain on the old pricing structure.

Members who are currently on our £20 per month IFOW subscription will receive emails separately regarding converting back to Unlimited Monthly over the next couple of days.

If you have any questions, please do not hesitate to get in touch **via return of this email** or **07502 466535** and we will get back to as soon as possible.

Kind Regards

Patrick Sinclair / Director